

# Heather Sinnott Visual Artist: CV

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## Statement:

I am a painter, I am a wife, a new mother, a teacher, a student.. i live in my own constant creative process, as it is my journey, living life in a mind full of ideas swarming, bursting inspiration, life and creativity in any form. I love being an artist because I love to create, without it would feel incomplete. It is simply a part of me. When I paint my mind disconnects and my hands start to work, I enter into a space of stillness that feels in slow motion, like i have all the time in the world. When I paint I am connecting with the paint & canvas, connecting with my heart and God. For me it is a silent conversation of my heart because it is truly is a language that my heart understands clearly. Each stroke followed by another in a series of movement like a dance on canvas. In this place, there is freedom.

I tend to work in series, their medium and subject can vary and is completely open to whatever is expressed. Each completely different from the next from representational to abstract. I paint what my heart feels at that moment in time, what it is saying, what it is hearing or feeling. Some series are well thought out and planned, some are completely spontaneous in the moment of stillness and complete peace.

My journey has been wonderful, challenging, lots of work and at times easy and flowing and full of some great opportunities at others. We all hit road bumps or creative blocks or times where we just can't seem to paint it out, but we all grow, move forward and watch new buds grow and blossom on our trees of life. I have shown in galleries and coffee shops, stores and hospitals, trade shows, painted live for conferences and events some up to 50,000 people (at the Rogers centre and air Canada centre both great experiences), I have enjoyed it and am proud of everything I have done and still look forward to more. I can't wait to see what's next, pushing myself to constantly move forward, grow and experience new things and find opportunities to share my heart with those interested in the journey.

## EXHIBITIONS:

### 2011

Upcoming Showing: TBA

Past:

2011 - September 2011 - TBA 2012, New August 11<sup>th</sup> series, The Hair Lounge, Toronto  
2011- May 15 - 'Art and Fashion', hosted by Gallery Streetsville, featuring Safoora's Boutique, Mississauga, ON  
2011 - May 4 & 5 - World Aids Day- Orphans With Aids Auction & Fundraiser at University of Waterloo, London, ON  
2011 - April 16, Nurtured Baby Show, featuring "minis", Orangeville, ON  
2011 - February 22-26, 'Indulge your senses' Bistro Chézanne. Mississauga, ON  
2011 - January 2011 - May 2011, "words of my hearts song" The Hair Lounge, Toronto  
2011 - Jan - present Nurtured Boutique, Orangeville, showing 2 pieces from the relentless series  
2011 - Jan - Dec Representation by Gallery Streetsville, Mississauga

Permanent Showing: The Gait - Sherbrooke, QC. - "The DJ" from the Jazz collection - showing in the Permanent Art Collection at Bishop's University

### 2010

2010 - GATE 403, "and all that jazz..." Jazz Collection, December 1 - January 2, 2011  
2010 - Sept 9 - May 2011, "words of my hearts song", The Hair Lounge, Toronto  
2010 - Junction Art Festival, The Hair Lounge, Toronto, "words of my hearts song" A mixture of pieces from the 'words' and 'relentless series' Collections -  
2010 - 9th Annual Fundraiser, March, "Safety-Bowl & Live Auction: Bowling & Bidding Together for Safety" raising money for the Sexual Assault/Rape Crisis Centre of Peel, Mississauga, ON  
2010 - Jan 1 - Dec 31, Catch the Fire Gallery, Toronto, relentless series showing and live painting

2010 - Jan - Dec Representation by Gallery Streetsville, Mississauga

## 2009

2009 - Sept 9 - January 2010, "A Collection of Collections" A mixture of pieces from Different Collections, The Hair Lounge, Toronto  
2009 - Junction Art Festival, The Hair Lounge, Toronto, "A Collection of Collections" A mixture of pieces from Different Collections - Sept 9 - 13, 2009  
2009 - August 15th - September 6th, AWOL Gallery, The Square Foot Show, Toronto, 76 & 100A Ossington, Toronto, ON, OPENING NIGHT: Aug 15th @ 7pm  
2009 - July 7 - Aug 4 - TACF Arts Collective, Group Show - "The Unveiling" - CJ Bronte's, Oakville, ON  
2009 - July 1 - 31, 2009 - Solo Show, "Art at the Valley", Credit Valley Hospital, Mississauga, Ont  
2009 - June 5 - Group Show - TACF Arts Collective - "The Unveiling", Toronto, ON  
2009 - June/July - "Canada's Celebration of the Arts" - Rotunda Gallery, Scarborough Civic Centre, Scarborough, ON - CANCELLED DUE TO TORONTO STRIKE  
2008 November 1st - June 2009, "Experience the music" - Hamilton Downtown Arts Centre, Solo, Works Displayed: the Jazz Series  
2009 - February - April 1 - Gallery Streetsville, Mississauga, Ont. - Showing "Spring Rain"  
2009 - April 7 - May 4 - Solo Show - CJ Bronte's, Oakville, ON. Showing: a mix of collections  
2009 - April 18 - 25 - "Word Up" - Group Show - Akasa Art Gallery, York University,  
2009 - October 26 - April 25th Coffee Culture, Brampton. Displayed: "Wash over me/fall on me" and little red flower miniatures.  
2009 - February 1 - April 30 - "Experience the music", Solo show The Hair Lounge, The Junction, Toronto Showing: The Jazz Series  
2009 - April 16 - 18 - "Art as a mission" Group Show - Missionfest, The International Centre, Toronto, ON  
2009 - March 1 - 31, 2009 - "Expressions of my heart" - Solo Show - The Beacher Cafe, Toronto. ON  
2009 - March 8th - 8th Annual Fundraiser "Safety-Bowl & Live Auction: Bowling & Bidding Together for Safety" raising money for the Sexual Assault/Rape Crisis Centre of Peel, 12 - 4pm 5555 Eglinton Ave. West, Mississauga, ON  
2009 - February 13 - 15th, opening reception Feb 13. - "Valentine's Day Members Show", Visual Arts Mississauga,  
2009 - January 27 - February 7th - "These friends of Mine IV" - Beau-arts Brampton. Brampton. Opening date: January 29th  
2009 - Friday, January 9th - James Street Art Crawl, Hamilton DAC, Hamilton, ON. Showing the jazz series  
2009 - jazz series used for filming for "Majority Rules" set by GOGIRL Productions  
2009 - October 26 - January 25th, Coffee Culture, 9 Main St, Brampton. Group exhibition - Works  
Displayed: "Sax player", and "the Bass player", from the Jazz series.  
2009 - January - Cafe 260 - Toronto. - showing: showing a new abstract series: "through the darkness", 4 of 10 "His Glory", "I stand in awe"  
2009 - January. Gallery Streetsville, Mississauga, Ont. Showing: "fall on me", "surrender", "love letter", "you meet me where I am", "the meeting place".

## 2008

2008 - November 1st - April 2009, Hamilton Downtown Arts Centre, Solo, Works Displayed: 8 from the Jazz Series  
2008 - October 26 - January 25th, Coffee Culture, 9 Main St, Brampton. Group exhibition - Works  
displayed: "Sax player", and "the Bass player", from the Jazz series.  
2008 Cafe 260 - Toronto. - showing a new abstract series: "through the darkness", 4 of 10 "His Glory", "I stand in awe"  
2008 - March - Jan 2009 - Gallery Streetsville, Mississauga, Ont. - Showing NEW WORKS from the abstract series: "fall on me", "surrender", "love letter", "you meet me where I am", "the meeting place".  
2008 - November 12 - Dec 31 - "Made by Hand", Fine art and Craft Sale, Whitney Gallery, Peel Heritage Complex, Brampton. Opening date: November 29th 7 - 9pm  
2008 - Mistletoe Magic Art sale and auction, John B. Aird Gallery, Toronto, ON. auction date: Thursday, November 27. Preview: Tuesday, November 25 to Thursday, November 27.  
2008 - November 19 - 22 "whodunit?" Mystery Art Sale - Ontario College of Art and Design, Toronto  
2008 - November 14, James Street North Art Crawl, location: Hamilton Downtown Art Centre, Hamilton, ON. showing: The Jazz collection  
2008 - October 1 - 31 - "Art at the Valley" - Solo Show - Credit Valley Hospital, Mississauga, ON. showing: works from the unknown and texture/abstract series (15 pieces showing)  
2008 - Live Painting, "Heaven's Rehearsal", The Rogers Centre, Toronto, ON  
2008 - September 12 - 15th, "Art of Stone" - Group Show. 45 Davenport, Toronto  
2008 - June 15 - 30 "Celebrating on Canvas" - Rotunda Gallery, Scarborough Civic Centre, Scarborough, ON  
2008 - June 3 - 7, "Trumpets call" Mezzanine Gallery, TACF, Toronto, ON  
2008 - June 5 - 14 - Bread and Honey Festival - 168 South Bar and Grille, Mississauga  
2008 - May 23 - June 5 - Streetsville Arts Festival - Streetsville Gallery, Mississauga  
2008 - May 23 - June 5 - Streetsville Arts Festival - 168 South Bar and Grille, Mississauga  
2008 - May 2008 - "Art at the Valley" - Credit Valley Hospital, Mississauga, Solo Show.  
2008 - March 29th - "Springs of Hope" - Group show - African Inland Mission, 45 Davenport Rd., Toronto,

2008 - March 6 - 8th - " From His Hands to Ours" - Group Show - Missionfest Gallery Exhibition, Toronto Congress Centre, Toronto, ON  
2008- Feb 11 - 22nd - "FIELD" YSDN Design Show - York University TEL Building, Toronto, ON  
2008 - The Freedom Centre. Mississauga, Ont. - Showing a collaborative piece by Heather Sinnott and Elisabeth Heidinga

### 2007

2007-2008 - The Freedom Centre. Mississauga, Ont. - Showing a collaborative piece by Heather Sinnott and Elisabeth Heidinga  
2007 -September - Live Painting, Heaven's Rehearsal, Air Canada Centre, Toronto, ON  
2007 July - 777 Conference Gallery, - Group Show - Toronto Congress Centre., Toronto, ON  
2007 March - Missionfest Gallery, - Group Show - Toronto Congress Centre., Toronto, ON

### 2006

2006 - Bishop's University, - Group Show - graduating fine arts show. Gallerie de L'art Foreman/Foreman Art Gallery. Sherbrooke, QC  
2006 - fiNE aRts Dept. - Group Show - The Gait, Sherbrooke, QC  
2006 - Bandeen Hall , Bishops University, "jazz and art", Sherbrooke, QC  
2006 - " Paper Gallery" - Bishop's University Publication for Fine Arts Students at Bishop's University.  
2006 - " The Mitre" - Arts publication/zine for Eastern townships and Bishop's University

### 1998 - 2005

2005 - " The Mitre" - Arts publication/zine for Eastern townships and Bishop's University  
2004 - " Paper Gallery" - Bishop's University Publication for Fine Arts Students at Bishop's university.  
2003 - Missionfest Gallery, Group Show - Metro Toronto Convention Centre., Toronto, ON  
2003 - Toronto Airport Christian Fellowship - Youth Art Show - Group Show, Toronto, ON  
2002 - Sheridan College - Group Show - Graduating Student Art Show  
2000 - Meadowvale High school Student Art Show, Grad Group Show, Mississauga, ON  
1999 - Meadowvale High school Student Art Show, Group Show, Mississauga, ON  
1998 - Meadowvale High school Student Art Show, Group Show, Mississauga, ON

### **MEMBERSHIPS/REPRESENTATION:**

- Catch the Fire Arts Collective
- Gallery Streetsville, Mississauga, ON
- Streetsville Arts Collective.
- Visual Arts Mississauga
- Beaux-Arts Brampton

### **PUBLICATIONS:**

2011 - Artist Feature "The Image Interview" April 2011  
2007 - The Mississauga News with Gallery Streetsville  
2006 - " The Mitre" - Arts publication for Eastern townships, QC  
2005 - " The Mitre" - Arts publication for Eastern townships , qc  
2004 - " Paper Gallery" - Bishop's University Publication for Fine Arts Students at Bishop's University.

### **FEATURES:**

TV SHOW: 2009- jazz series used for filming for "Majority Rules" set by GOGIRL Productions

### **WORKSHOPS:**

2011 -June 6-8 on Creative Worship at Catch the Fire School of Worship, Toronto. Ont

2011 - Upcoming : Spring and Summer painting workshops

## **EDUCATION:**

2008 Post Graduate @ York University , Visual Communications Design (Pre MDes)

2007 Hon. BA, Fine Art, Honours in Studio Art  
Graduated with Distinction, Bishop's University

2002 Fine Art Diploma  
Graduated with honours, Sheridan College.

## **AWARDS / ACCOMPLISHMENTS**

- Bishop's University Studio Book Prize for Highest Academic Achievement in studio art in the 2007 graduating class.
- Editor's Choice Award. January 2007
- Honours Scholarship 2007, Bishop's University
- Stanley Mills Scholarship - 2006 - 2007, Bishop's University
- Millennium Scholarship 2006 - 2007
- Honours Scholarship 2006, Bishop's University
- Bishop's University 2<sup>nd</sup> place "Best in Show" Excellence award in Graduating Art show.  
April 2006

## **LIVE PAINTING:**

- 2003 - Present, Live Painting at various conferences at Toronto Airport Christian Fellowship
- 2008 - Heaven's Rehearsal, The Rogers Centre, Toronto, ON
- 2008 - Toronto Congress Centre, Toronto., Missionfest.
- 2007 - Air Canada Centre, Toronto, ON. Heaven's Rehearsal.